

An affected sense of smell is confirmed as a coronavirus symptom

The [UK Chief Medical Officer has announced](#) that from today, all individuals should self-isolate if they develop anosmia – which is the loss of or a change in your normal sense of smell.

It can also affect your sense of taste as the two are closely linked. A new continuous cough or fever are also symptoms that also require self-isolation.

All members of a symptomatic household must self-isolate according to current guidelines, unless the symptomatic individual receives a negative test result.

Freight industry exempt from international travel restrictions

[Freight industry guidance on international travel](#) during the Covid-19 pandemic states that international and domestic freight transport, including by air, ship, road and rail, is classified by UK government as an essential activity in the context of its travel advice.

The [advice against non-essential travel](#) is not intended to apply to international and domestic freight transport.

Coronavirus Business Support Blog

The Government's [Coronavirus Business Support Blog](#) from the Department for Business, Energy and Industrial Strategy is where you can find out how other businesses have used government support schemes and working safely guidance.

Current case studies include Aston Martin and KFC, which detail how they have been making their workplaces COVID-secure.